

The Parklangley Club

JUNIORS IN ACTION



Summer Holiday Programme 2010

Starts Monday July 26th to Friday August 27th

(Ofsted Registered)

Yes we're back with all your favourites:-

Squash **Tennis** **Badminton** **Hockey** **Soccer**
Arts & Crafts
Dance **Gymnastics** **Drama**

Half Day and Full Day options until 5.30pm available

Child Care Vouchers Accepted!

BOOK EARLY

TO AVOID

DISAPPOINTMENT!!

Main Programme

Weeks 1, 2, 3, 4 & 5

Day	Times	Mini (4-6yrs)	Midi (7-8yrs)	Maxi (9yrs+)
Mon 26 th July 2 nd Aug 9 th Aug 16 th Aug 23 rd Aug	9.30 - 11.00	MSFZ	Sports Combo	Sports Combo
	11.15 - 12.30	Mini Tennis Red Fun	Kwik Cricket/Rounders	Volleyball/Bench ball
	11.15 - 12.30	Mini Soccer Fun		
	12.30 - 1.15	Lunch		
	1.15 - 2.45	Parachute & Team Games	Midi Squash & Fitness /Table Tennis	Badminton
	3.00 - 4.30	Arts and Crafts	Badminton	Maxi Squash & Fitness /Table Tennis
	4.30 - 5.30	Tea	Tea	Tea
Tues 27 th July 3 rd Aug 10 th Aug 17 th Aug 24 th Aug	9.30 - 11.00	MSFZ	Sports Combo	Sports Combo
	11.15 - 12.30	Mini Tennis Red & Soccer	Gymnastics	Kwik Cricket/Rounders
	11.15 - 12.30	Mini Hockey Fun		
	12.30 - 1.15	Lunch		
	1.15 - 2.45	Gymnastics	Hockey Fun	Badminton
	3.00 - 4.30	Drama	Badminton	Hockey Fun
	4.30 - 5.30	Tea	Tea	Tea
Wed 28 th July 4 th Aug 11 th Aug 18 th Aug 25 th Aug	9.30 - 11.00	MSFZ	Sports Combo (to include basketball)	Sports Combo
	11.15 - 12.30	Mini Tennis Red & Soccer	Midi Squash & Fitness / Table Tennis	Basketball Fun
	11.15 - 12.30	Mini Basketball Fun		
	12.30 - 1.15	Lunch		
	1.15 - 2.45	Parachute and Team Games	Design Technology/Artists	Design Technology/Artists or Maxi Tennis Red Fun
	3.00 - 4.30	Mini Master Chefs/Artists	Midi Tennis Red Fun	Maxi Squash & Fitness /Table Tennis
	4.30 - 5.30	Tea	Tea	Tea
Thurs 29 th July 5 th Aug 12 th Aug 19 th Aug 26 th Aug	9.30 - 11.00	MSFZ	Sports Combo	Sports Combo (to include Athletics)
	11.15 - 12.30	Mini Tennis Red Fun	Athletics & Team Relays	Table Tennis/Racketball
	11.15 - 12.30	Mini Kwik Cricket		
	12.30 - 1.15	Lunch		
	1.15 - 2.45	Athletics & Team Relays	Badminton	Netbal & Soccer Fun
	3.00 - 4.30	Music, Singing & Fun Games	Netball & Soccer Fun	Badminton
	3.00 - 4.30	Mini Squash		
	4.30 - 5.30	Tea	Tea	Tea
Friday 30 th July Aug 6 th 13 th 20 th 27 th	Children's Theatre Performance Workshop with Pam & Squash Camp Day of Dance, Singing, Drama and Performance 9.30am - 4.30pm (Morning Only) Suitable for ages 6yrs - 11yrs Badminton Camp **please see separate programmes for details** (July 30 th & Aug 20 th only)			

Summer Holiday 2010 (continued)

Week 2 (Beginning Monday 2nd Aug)

	<i>Mornings</i>	Afternoons
Mon Aug 2 nd	Same as Week 1	Same as Week 1
Tues Aug 3 rd	Same as Week 1	Same as Week 1
Wed Aug 4 th	Same as Week 1	Same as Week 1
Thurs Aug 5 th	Same as Week 1	Same as Week 1
Fri Aug 6 th	Children's Theatre Performance Workshop (9.30am - 4.30pm) & Squash Camps (morning only 9.30am - 1pm)	





Week 3
(Beginning Monday 9th Aug)



	<i>Mornings</i>	Afternoons
Mon Aug 9 th	Same as Week 1	Same as Week 1
Tues Aug 10 th	Same as Week 1	Same as Week 1
Wed Aug 11 th	Same as Week 1	Same as Week 1
Thurs Aug 12 th	Same as Week 1	Same as Week 1
Friday Aug 13 th	Children's Theatre Performance Workshop (9.30am - 4.30pm) & Squash Camps (morning only 9.30am - 1pm)	



Week 4 (Beginning Mon 16th Aug)
 &
 Week 5 (Beginning Mon 23rd Aug)

	<i>Mornings</i>	<i>Afternoons</i>
Mon Aug 16th Aug 23rd	<p align="center">Same as Week 1</p>	<p align="center">Same as Week 1</p>
Tues Aug 17th Aug 24th	<p align="center">Same as Week 1</p>	<p align="center">Same as Week 1</p>
Wed Aug 18th Aug 25th	<p align="center">Same as Week 1</p>	<p align="center">Same as Week 1</p>
Thurs Aug 19th Aug 26th	<p align="center">Same as Week 1</p>	<p align="center">Same as Week 1</p>
Friday Week 4 Aug 20th	<p>Squash Camps (morning only 9.30am – 1pm)</p> <p>Children’s Theatre Performance Workshop (9.30am – 4.30pm)</p> <p>Badminton Camps am Beginners/improvers pm Improvers/Advanced</p> <p>**please see separate programme details for all Friday Activities**</p>	 
Friday Week 5 Aug 27th	<p align="center">Children’s Theatre Performance Workshop (9.30am – 4.30pm)</p> <p align="center">&</p> <p align="center">Squash Camps (morning only 9.30am – 1pm)</p>	



"The Full Day Special"
Ideal for Working Mums and Dads!

9am - 4.30pm

Drop your children with us at 9am ready for the programme to start at 9.30am. The children will participate in a wide variety of activities suited to their age and ability. Between activities they will be in the care of a senior leader, helped by Parklangley coaches and staff. Lunch and drinks throughout the day are included.

Cost: £28 per day (includes lunch)

****Special Offer****

Book your child in for 4 days in the same week for £98 - a saving of £14
Book your child in for 5 days in the same week for £120 - a saving of £20

Need To Bring Your Children To Us Before 9am?

Breakfast supervision is available Monday - Friday between 8am and 9am.

Children will be offered a choice of cereals.

Costs: £6 per morning.

"Half Day Special" Ideal for
Working Mums and Dads!

(9am to 12.30 pm/1.15pm) or (1.15pm to 4.30 pm)

***please note that lunch time is 12.30pm - 1.15pm**

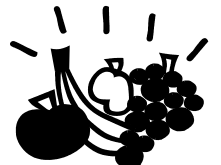
Drop your children with us for a half day programme. The children will participate in a wide variety of activities suited to their age and ability. Between activities they will be in the care of a senior leader, helped by Parklangley coaches and staff. Drinks are provided in between activities.

Please book early before classes become full.

Cost: £14 or £18 (lunch included)



"The 'T' Kid" 4.30pm - 5.30pm



For those of you who find it difficult to get here for the 4.30pm collection time, we will supervise your child for a further hour until 5.30pm and give them a selection of sandwiches, fruit and snacks

Children's Teatime Menu: £6 per day

TENNIS

Mini Tennis (red) Fun for 4 - 6 year olds

A great session for children of any ability.

Rackets will be provided. Half time drinks provided.

Mini Tennis (red) Fun and Soccer for 4 - 6 year olds

As above but with the addition of adding soccer after a short drinks break.

Midi Tennis Red Fun & Maxi Tennis Red Fun (Midi 7 - 8 year olds & Maxi 9 years+)

A fun filled session for children to practice the shots, do the drills and then play lots of singles and double matches.

BADMINTON

Badminton (Midi 7 - 8 year olds & Maxi 9 years+)

This is a wonderful opportunity for the children to be taught by Jason Large our top professional Badminton Junior England Coach. Lots of skills, drills and fun badminton games, suited for beginners and improvers.

SQUASH TABLE TENNIS & RACKETBALL

Mini Squash (4 - 6 years old)

The children will get the chance to play this easy version of squash with an adapted new court and specialised rackets and balls.

Midi Squash Zone (7 - 8 years old)

Use of the court for an 'easy to play' version of squash. Your co-ordination skills and fitness level will further be improved by playing squash related games.

Maxi Squash Zone (9 years +)

A wonderful chance for children to learn how to hit a proper squash ball. They will be taught a variety of skills, drills and match play techniques and afterwards, end the session with lots of squash related games.

Midi & Maxi Squash Fitness & Table tennis (7 - 8 years old) & (9 years +)

What a great chance for children to experience all these activities in one session. Children will be grouped according to age and ability.

Racketball/Table Tennis (7 - 8 years old) & (9 years +)

Another good opportunity to experience both activities in one session.

Children will again be grouped according to age and ability.

Description of Activities - Continued

Mini Sports Fun Zone (MSFZ) (4 - 6 year olds)

An action packed session of mega fun team events which includes obstacle courses, javelin throwing, mini basketball, hockey, soccer and many more activities!

Sports Combo for Midis (7 - 8 year olds) and Maxis (9 years+)

It's all here - football, hockey, basketball, cricket, rounders, dodge ball, relay activities and much, much more!

Rounders and Kwik Cricket for Midis (7 - 8 year olds) and Maxis (9 years +)

A fabulous opportunity to play these two popular sports in a fun-filled environment.

Basketball Fun for Midis (7 - 8 year olds) and Maxis (9 years +)

Great for burning off energy. Learn the skills and drills needed to play this fantastic sport.

Hockey Fun for Midis (7 - 8 year olds) and Maxis (9 years +)

A wonderful sport to learn the skills, do the drills and experience the thrills of this superb game. Suitable for new and experienced players

Soccer/Netball Fun for Midis (7 - 8 year olds) and Maxis (9 years +)

Ninety minutes to have fun playing these active sports - need we say anymore! Lots of skills, drills and running around!

Parachute and Team Games for Minis (4 - 6 year olds)

A fun packed session with all the children's favourites:- What's the time Mr Wolf? Grandmothers' footsteps and all the parachute games that children love, such as Cat and Mouse, Lifeguard, Washing Machine and much more!

Volleyball/Bench Ball for Midis (7 - 8 year olds) and Maxis (9 years +)

A great popular sport for your children to enjoy.

Mini Soccer Fun, Mini Hockey Fun, Mini Basketball Fun and Mini Kwik Cricket Fun (these courses are suitable for 4 - 6 year olds)

All these courses are fantastic and designed to give the younger age group a chance to experience the sports in a fun atmosphere.



Please bring a change of clean
Indoor non-marking trainers!



Specialised Activities Included in the Main Programme

Drama Workshop (Tuesday)

For all those budding young actors. Stories and the making of props and masks where appropriate and then acting out a play.
(Suitable for ages 4 - 8).

Music and Singing Workshop (Thursday)

The X Factor comes to Parklanglely!
Musical instruments, singing and performance
(Suitable for ages 4 - 8)

Arts and Crafts (Minis-Monday) Design Technology (Midis/Maxis Wednesday)

Need we say anymore! Absolutely ideal for children who love to create, design draw, paint, stick and make things
(Appropriate to age group specified).

Mini Master Chefs / Artists (Wednesday)

Again need we say anymore!
A great chance to display those wonderful baking/making talents!
(Suitable for all ages).

Gymnastics (Tuesday)

A fabulous chance to learn some basic gymnastic skills!
Forward Rolls, handstands, cartwheels will be taught, together with basic jumps and sequence work.
(Suitable for all ages).

Friday Theatre Performance Workshop - Day of Dance, Singing and Acting!

(9.30 am - 4.30pm)

Come and join in the fun with Pam and her Wonderful Team in a
Day of:- Singing, Acting and Performance - Show-Time 4.15pm - 4.30pm!
Lunch included & refreshments throughout the day!
(Suitable for ages 6 - 11yrs).

Summer Programme 2010 – Booking Form

Please read booking instructions and use a separate form for each child

Name:Age:DOB:.....

School.....

Address.....

.....

Tel No.....Mobile No.....

Emergency Contact telephone No. when children are at Parklangley (if different)

.....

Please tick relevant box and specify pick-up time (example shown below)

Please underline Mini, Midi or Maxi	Mon Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Tues Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Wed Full Day or Half Day Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Thurs Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Cost
Mini / <u>Midi</u> / Maxi					
<u>Breakfast</u> <small>underline yes/no</small> Week 1	Yes / No	<u>Yes / No</u>	Yes / No	Yes / No	£58
	N/A	Full Day 8am- 5.30pm	N/A	Half Day 9am- 1.15pm	

Please underline Mini, Midi or Maxi	Mon Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Tues Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Wed Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Thurs Full Day or Half Day Collection Times:- 12.30 or 1.15pm 4.30pm or 5.30pm	Cost
Mini / Midi / Maxi					
<u>Breakfast</u> <small>underline yes/no</small> Week 1	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 2	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 4	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 5	Yes / No	Yes / No	Yes / No	Yes / No	

Total Activities Cost: £

Methods of Payment

Please indicate how you are paying: -
Please make cheques payable to 'The Parklangley Coaching Fund'

Cash:

Cheque:

Child Care Vouchers:

Direct Debit (available to members only):

Credit Card:

If you are paying by Credit/Debit Card then please fill out this information

Please Debit my Debit/Credit Card No: _____

Start Date: _____ Expiry Date: _____

Issue No. _____ (if applicable)

Name (as on Card) _____

With the Amount of £ _____

Signed _____ Date _____

*******please note that telephone bookings are not accepted!
(We need to have a written record of all children)***

Please indicate any medical conditions/allergies below:-

I give permission for my son/daughter to receive emergency treatment if necessary.

Signed.....

Summer Programme 2010 – Booking Form

Please read booking instructions and use a separate form for each child

Name:Age:DOB:.....

School.....

Address.....

.....

Tel No.....Mobile No.....

Emergency Contact telephone No. when children are at Parklangley (if different)

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Mini / <u>Midi</u> / Maxi					
<u>Breakfast</u> <small>underline yes/no</small> Week 1	Yes / No	<u>Yes / No</u>	Yes / No	Yes / <u>No</u>	£58

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Mini / Midi / Maxi					
<u>Breakfast</u> <small>underline yes/no</small> Week 1	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 2	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 4	Yes / No	Yes / No	Yes / No	Yes / No	
<u>Breakfast</u> <small>underline yes/no</small> Week 5	Yes / No	Yes / No	Yes / No	Yes / No	

Total Activities Cost: £

Methods of Payment

Please indicate how you are paying: -
Please make cheques payable to 'The Parklangley Coaching Fund'

Cash:

Cheque:

Child Care Vouchers:

Direct Debit (available to members only):

Credit Card:

If you are paying by Credit/Debit Card then please fill out this information

Please Debit my Debit/Credit Card No: _____

Start Date: _____ Expiry Date: _____

Issue No. _____ (if applicable)

Name (as on Card) _____

With the Amount of £ _____

Signed _____ Date _____

*******please note that telephone bookings are not accepted!
(We need to have a written record of all children)***

Please indicate any medical conditions/allergies below:-

I give permission for my son/daughter to receive emergency treatment if necessary.

Signed.....

Tennis Camps

Beginners/Improvers

8 yrs +

Week 1	Monday July 26 th	-	Thursday July 29 th
Week 2	Monday Aug 2 nd	-	Thursday Aug 5 th
Week 3	Monday Aug 9 th	-	Thursday Aug 12 th
Week 4	Monday Aug 16 th	-	Thursday Aug 19 th
Week 5	Monday Aug 23 rd	-	Thursday Aug 26 th

The Parklangley Club

At Croydon Road Recreation Ground
Village Way, Beckenham.

or

Wickham Park Club

Pickhurst Rise
West Wickham

or

Willett Recreation Ground

41/43 Crossways
Petts Wood

Great Fun



Lots of matches

4 day Course £40

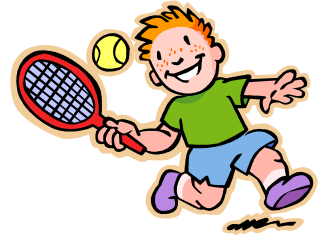
10am – 1pm

(see overleaf for entry form for these tennis camps)

Entry Form



Week 1 starting date: Mon 26th July
Week 2 starting date: Mon 2nd Aug
Week 3 starting date: Mon 9th Aug
Week 4 starting date: Mon 16th Aug
Week 5 starting date: Mon 23rd Aug



NB Please assume your entry is accepted unless we phone you

NameAge.....DOB.....

Address:

.....

School Attended.....

Home Tel No Mobile.....

Venue:..... (please indicate)

Week 1 Week 2 Week 3 Week 4 Week 5

(please circle week/s)

Payment by : - (please tick box)

Cheque Cash Enclosed Amount.....

Credit Card Amount to be taken out.....

Card No.....

Start Date..... Expiry Date

Issue No..... Name on Card.....

Please indicate any medical conditions/allergies

.....

.....

.....

I give permission for my child to receive emergency treatment if needed!

Parent's Signature.....

Children's Theatre Performance Workshop

Every Friday

In the Summer Holidays

9.30am – 4.30pm

(includes lunch)

Singing

Dancing

Acting

Showtime!

(Showtime 4.15pm – 4.30pm)

BOOKING INSTRUCTIONS

FOR ALL ACTIVITIES

Please complete the booking form carefully and return it to us as soon as possible. Use the timetable to record the activities that you have booked.

Appropriate fees **must** be paid at the time of booking. **Please note that refunds are only given in special circumstances and they are given at the discretion of the Organizers and the Club Manager.** If there are insufficient numbers for a class 1 day prior to it taking place, it may be cancelled and you will be notified and refunded in full. Please note bookings are on a first come first served basis.

YOUR PLACES ON THE ACTIVITIES YOU BOOK ARE CONSIDERED CONFIRMED UNLESS YOU HEAR OTHERWISE FROM US.

Please be aware that courses do fill up very quickly and we will endeavour to notify you if we cannot accommodate you!

Please deliver your completed booking form to reception or post it to the club: -

**'Juniors in Action'
The Parklangley Club
44a Wickham Way
Beckenham
Kent BR3 3AF**

Telephone 020 8658 9028 Fax: 020 8658 4525

Website: - www.theparklangleyclub.co.uk

Ofsted registered number: - EY314447

We regret that we cannot accept telephone bookings but we welcome your enquiries.

Parents, please ensure that all booking forms are signed -

This is a statutory requirement!

Many thanks